# Il Pays to be Protected by a Health Policy

Such was the case of D. D. Congleton at 308 Point St., Clarksburg West Va., we o took out a Health and Accident Policy with the W. Va. Casualty Co. on Oct. 20, 1905, took sick Nov. 12, 1905; was sick two weeks and received full amount of Indemnity on Nov. 28th. 1005. Hundreds of claims being met in like manner. The Indemnity being paid by the Insurance Companies, help meet Doctor's bills and other heavy expenses while sick or hurt. Can you afford to lose your time and meet these bills yourself? Better have the

## Va. Casualty Co. of Clarksburg, W.

Carry your risk for you while you are hurt or sick, also provide for your wife and little ones in case of accidental death. Investigate our Industrial Policy which pays for any and all diseases; also pays Double benefits for all accidents to insured while in any public conveyance. This Policy is within the reach of all classes, costing from one dollar per month up to \$2.50. Secure your Policy today while you are well, for tomorrow you may meet with an accident

When it will be Too Late.

# For Further Information call on or Address the A CASUA

Located in Fordyce Building,

Clarksburg, West Virginia.

R. T. LOWNDES, President. S. R. NARRISON, Cashier, THOS. W. HARRICON Vice-President. W. H. LEWIS Aget, Cachier,

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Will continue to give the same careful attention to the interests of its customers that it has done for the last half century.

Contraction of the Contraction o

Blind, bleeding, itching and protachment, so that the medicine may Sold By Stone & Mercer, be applied inside directly where the trouble originates. ManZan relieves instantly.

Any one suffering from Kidney truding piles are instantly relieved pains, backache, bladder trouble or rheumatism who will take a dose of by ManZan. This remedy is put up recumatism who will take a tright in collapsible tubes with nozzle at shall be relieved before morning.

Levy's "332" 5 cent cigar please-everyhody. oct181

### MANHATTAN BUFFET

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Only Firm in the city that cleans and blocks men's hats of a 1 kinds Ladies' Garments Neatly Done Work Called for and Delivered
RESIDENCE 428 PIKE ST. mar 17 THE HUME DOCTOR

You can often bely a nervous headnche by combing the bair gently.

If there are lask circles around the eyes it means ill health and should be

Playseed ten with plenty of lesson juice and loaf sugar is very soothir, to sore lungs and will often cure a hard cough.

For tender eyes make an infusion of a handred of corndowers in a pint of hot water. Let it stand an hour. Strain and use either tepld or cold.

When binding up cuts and wounds always use fine linen, not cotton, as the fibers of cotton are flat and apt to Irritate a sore place, while those of liner are perfectly rounded.

Cloths wet with alcohol and water or faudanum and water and laid on a bot water bottle will relieve neuralgia when the painful part is steamed over the bottle covered with the cloth.

Saft. Droppy, Clashy.

It is customary for wayfarers in Cumberland to address passing re-marks to one another on the subject marks to one another on the subject of the weather, and the diater is rich in terms denoting the various conditions of the atmosphere. The usual salutation, "It's a fine day," evokes the reply, "Aye, it will, but A doubt we'll have n sup of rain afore need because A looked at the glass and 2, seed she'r slipped a bit." When the weather is wet it is said to be "saft," when showery it is "droppy," when windy it is "blowy," when wet and windy it is "clashy" or "slashy." If drizzly, it is described as "daggy;" if rough weather, it is "coarse;" if muddy, rough weather, it is "coarse:" if muddy "clarty;" if dry, "drofty;" if misty,

"rowky;" if slippery, "slape."

At certain times of the year a very violent wind rushes down from the top of Cross fell. It is locally known as the "helm wind"—that is, the whelmthe "helm wind"—that is, the whelm-wind or whirlwind—and during the time it prevails the weather is said to be "heliny." When it shows signs of improvement, an opinion is expressed that it is "going to take up" or "going to come out fair." A fall of snow is termed a "storm," and when it set-tles fast upon the ground a "feeding storm"—London Express. storm."-London Express.

There is no drug that has been so wrongly used and unjustly condemned as iron. It has been taken in huge doses and has then been rejected as causing headache or other trouble. The truth is that iron does most service as a tonic when the dose is very small and it is taken over an extended period. The following is an excellent way of making an ironized table wator: Place a teaspoonful of dilute per-chloride of Iron in an eight ounce bottle, fill up with water and shake. Add a tenspoonful of this to sufficient water to make one plut. This may be taken as freely as ordinary water.

Dombiful Compliment Maud-What was it he said about me! May-III sacrely remarked that a woman is as old as she looks. Maud-The idea! How o'd does he think I

ealth and strength of the lungs. The best remedy to use for cough and colds is Bee's Laxative Hone The only cough syru that does not constipate the bowels but which on the other hand, expel ill cold from the system by actin is a pleasant axative. Best for coughs, colds, croup, whooping cough etc. Sold by Stone & Mercer.

SWEET MELODY FLOUR. SWEET MELODY FLOUR.

Try a nut sundae at the James & SWEET MELODY FLOUP

Liver Pills give perfect satisfaction is due to their tonic effect on the liver. They never gripe. Sold by Stone & Morcer.

Everything you eat will taste good and do good if you take iting's Dyspepsia Tablets. Sold or Stone & Mercer

SWEET MELODY FLOUR The season for Indigestion is now at hand. Ring's Dyspepsia Tablets relieve indigestion and correct all stomach disorders. Sold by Stone & Mercer.

Shoes polished at Levy's cigar oct18tf.

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